



ALLERGEN INFORMATION

The health and safety of our guests are a top priority of Little Greek Fresh Grill. As part of our commitment to you, we provide the most current allergen information available from our food suppliers so that you can make informed food selections. Please be aware that during normal kitchen operations the possibility exist for food items to come in contact with other food products. **Due to these circumstances we are unable to guarantee that any menu item can be completely free of allergens.**

◆ - Denotes presence of an allergen or sensitive ingredient

STARTERS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Appetizer Platter	◆	◆	◆	◆			◆	
Hummus & Pita Bread			◆	◆				
Falafel <i>served w/ Tzatziki</i>	◆	◆						
Dolmades <i>Dolmades Sauce</i>		◆		◆				◆
Spinach Pie	◆		◆	◆			◆	
Pita Chips w/ Tzatziki	◆	◆	◆					

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SALADS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Greek Salad	◆			◆				
Mini Greek	◆			◆				
Large Greek	◆			◆				
Village Salad (Horiatiki)	◆			◆				
Little Greek Salad Dressing		◆						
Caesar Salad	◆	◆	◆					
Caesar Dressing	◆	◆		◆				
Add Chicken <i>served with Tzatziki</i>	◆	◆						
Add Gyro <i>served with Tzatziki</i>	◆	◆	◆					
Salmon <i>served with Tzatziki</i>	◆	◆			◆			
Salads served w/ Pita Bread		◆	◆					

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SOUP	Dairy	Soy	Wheat	Eggs	Fish	Nuts	Peanuts Tree	MSG
Cup			◆	◆				◆
Bowl			◆	◆				◆
Soup and Salad <i>Served w/ Pita</i>	◆							◆
			◆	◆				

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PITAS & WRAPS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Gyro Pita	◆	◆	◆					
Greek Chicken Pita <i>served w/ Feta</i>	◆	◆	◆					
Chicken Pita	◆	◆	◆					
Steak Pita	◆	◆	◆					
Olympian Pita	◆	◆	◆					
Lamb Pita	◆	◆	◆					
Falafel Pita	◆	◆	◆					
Veggie Pita <i>served with Dressing, feta, olives and cucumbers</i>	◆	◆	◆					
Pita Burger <i>Served with feta</i>	◆	◆	◆					

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SIDES	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Greek Salad <i>with Dressing</i>	◆			◆				
Fresh- cut French Fries		◆						
Potato Salad				◆				
Greek Potatoes		◆						◆
Rice		◆	◆					◆
Soup			◆	◆				◆

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MEALS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
meals served w/ pita bread		◆	◆	◆				
Chicken Skewers	◆	◆		◆				
Lamb Skewers	◆	◆		◆				
Steak Skewers	◆	◆		◆				
Salmon Skewers	◆	◆		◆	◆			
Dolmades	◆	◆		◆				◆
Spinach Pie	◆	◆	◆	◆			◆	
Gyro Platter	◆	◆	◆	◆				
Mousaka	◆	◆	◆	◆				◆
Pastitio	◆	◆	◆	◆				◆
Veggie Bowl with chicken		◆	◆					
with Gyro			◆					
Tilapia	◆				◆			

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LITTLE GREEKS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Chicken Skewer		◆						
served with pita		◆	◆					
served w/ Tzatziki	◆	◆						
Gyro Platter			◆					
served w/pita		◆	◆					
served w/Tzatziki	◆	◆						
Grilled Cheese Pita	◆	◆	◆					
Served w/ French Fries		◆						
Craft Mac N' Cheese	◆	◆	◆					
Serve w/ pita			◆	◆				
Pita Cheeseburger	◆	◆	◆					
served w/ french fries		◆						

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EXTRAS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Chicken skewer/ Chicken Breast served w/ Tzatziki	◆	◆						
Gyro Meat served w/ Tzatziki	◆	◆	◆					
Lamb Skewer served w/ Tzatziki	◆	◆						
Salmon Skewer served w/ Tzatziki	◆	◆			◆			
Steak Skewer served w/ Tzatziki	◆	◆						
Dolmades served w/ dolmades sauce		◆	◆	◆				◆
Little Greek Hot Sauce								
potato Salad (1 scoop)				◆				
Dressing		◆						

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DESSERTS	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Baklava	◆		◆	◆			◆	◆
Rice Pudding	◆		◆	◆				
Cannoli	◆		◆	◆			◆	◆
Assorted Desserts (Ask store manager for details)								

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RETAIL	Dairy	Soy	Wheat	Eggs	Fish	Tree Nuts	Peanuts	MSG
Bottled Dressing	◆	◆	◆					◆
Bottled Hot Sauce								
Bottled Olives								
Pita Bread		◆	◆					

Limited time offers, test products, and regional items are not included in the posted information. While efforts are made to keep this information current, it is possible that ingredient changes and substitutions may occur due to the differences in regional suppliers, product changes, preparation techniques, and/or the season. We recommend that our guests with food allergies or special dietary needs consult with a restaurant manager prior to placing an order to review the posted information for accuracy and availability at that particular location. Because this information changes, please make sure you are referencing the most current version (see date below). **Due to the individualized nature of allergies and food sensitivities, Little Greek Fresh Grill cannot make recommendations that are suitable for your dietary needs. Please consult your physician.**

Document is subject to changes. Updated 2/01/2016. Check back regularly.